Calgary Aboriginal Services Guide



2011 - 2012



This booklet is a publication of The City of Calgary, Community & Neighbourhood Services.

The Guide is not a full list of all services available to Calgary's First Nations, Métis and Inuit peoples. Additional information is available at www.informcalgary.ca, a public website of community, government, health and social services. This online database is a partnership between Alberta Health Services and The City of Calgary. If you cannot find what you are looking for or don't have access to a computer, call the 24-hour 2-1-1 telephone service and speak with their expert referral specialists.

The listing of an agency in this Guide does not indicate endorsement, nor does the exclusion of an organization imply lack of approval.

The information in the Calgary Aboriginal Services Guide is alphabetically organized by the organization's name. Service information, locations and contact information is provided underneath the name. Additional information is found at the end of the Guide.

The City of Calgary assumes no responsibility to any person or persons for the information contained in this publication, nor shall it be held liable for any damage caused to any person, whether negligently or otherwise.

This guide was funded by The City of Calgary, Community & Neighbourhood Services.

For additional copies of the Aboriginal Services Guide or to request an organization listing, please call 3-1-1.

All Calgarians of First Nations, Inuit or Métis descent are an important part of our great city's identity. In fact, Calgary's diverse population, made of residents from all nations, is something that adds to the energy and success of the city.

The City of Calgary recognizes the needs of the Métis community and First Peoples living here and provides some direct services to these citizens. We also partner with other agencies and governments to make additional services available. This Guide has been compiled to promote the variety of helpful groups and programs available in Calgary.

May the information in this guide help you on your journey!

Sincerely,

Mary

Mayor Naheed K. Nenshi The City of Calgary December 2010



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Frequently called numbers

9-1-1

24-hour Fire/Police/EMS Emergency

403-266-1234

24-hour non-emergency Police complaints

2-1-1

24-hour community and social services information, Calgary/Cochrane

3-1-1

24-hour City of Calgary services and information

310-0000

Provincial toll-free line. Dial this, then the area code and telephone number of any provincial office or service, or press zero for assistance. On cell phones, press *310 for Rogers Wireless, #310 for TELUS or Bell then the area code and number. Deaf/hard-of-hearing callers with a TDD/TTY, call 1-800-232-7215 throughout Alberta.

1-800-O-Canada (1-800-622-6232)

Toll-free information line for federal services and programs

403-292-5901

INAC - Treaty Status Cards

1-800-267-5844

Métis Status Cards

1-866-408-5485 (Toll-free)

403-943-5465 (Calgary)

Health Link - 24/7

health advice

and information.



Aboriginal Business Development Services

250 - 639 Fifth Ave S.W., Calgary, AB T2P 0M9

Tel: 403-221-7800 Fax: 403-221-7817

Toll-free: 1-800-272-9675 TTY: 1-800-457-8466

Email: abds@canadabusiness.ab.ca www.canadabusiness.ca/abds

The Business Link

- Information on programs specifically for Aboriginal businesses.
- Aboriginal business information resources and guidebooks.
- Library free market research and other resources.
- Seminars and workshops on a variety of business topics.
- Free Guest Business Advisor Program Consultants, Lawyers, and Accountants.
- Networking events.
- Online tools and resources.

Aboriginal Friendship Centre of Calgary (AFCC)

342 – 14th St. N.W., Calgary, Alberta T2N 1Z7

Tel: 403-270-7379 Fax: 403-270-7172

Email: generalmail@afccalgary.ca

www.afccalgary.org

Recreation, Resources and Programs

- A holistic and traditional approach to services for Aboriginal and non-Aboriginal people, respectful of Aboriginal culture and teachings.
- Referral and resource services.
- Complimentary computer, telephone, copier and fax use.
- Cultural diversity training.
- Aboriginal girls, boys and youth sports programs.
- Calgary Aboriginal Youth Council.
- Aboriginal resource library.
- Sweat lodges.
- Seniors programs.
- Seasonal gatherings for members.

Aboriginal Futures Career & Training Centre

200 - 6011 1A St. S.W., Calgary, AB T2H 0G5

Tel: 403-253-5311 Fax: 403-253-5741

Email: info@aboriginalfutures.com www.aboriginalfutures.com

Aboriginal Employment Services

- Intake and assessment for urban Aboriginal people.
- Individual job search support and help in completing student funding applications.
- Tradewinds to success, a program to support Aboriginal participation in the trades.
- Training opportunities and workshops on resumes, career planning and job searches.
- Supported placements, follow up and targeted wage subsidy.
- Job maintenance counselling, workshops and help with career changes and choices.
- Labour market information to self-serve clients.
- Referrals to other community resources and educational institutions.



Alberta Employment and Immigration

Tel: 310-0000

Tel: 1-800-222-6485 (Student Funding contact centre)

Tel: 1-866-644-5135 (Emergency Needs Allowance)

www.alberta.ca

Income Support

- Income support and financial assistance to help Albertans with basics like food and shelter.
- Help to find and keep employment through Alberta Works.
- Emergency Needs Allowance.

Locations

Calgary East Area - Radisson Centre Alberta Service Centre

(This office also has a Career Resource Centre.)

Main Floor, 525 28th St. S.E., Calgary, AB T2A 6W9

Tel: 403-297-1907 Fax: 403-297-8639

TDD: 403-297-1927

Hours of operation: 8:15 a.m. – 4:30 p.m.,

Monday to Friday

Calgary East - Marlborough Canada-Alberta Service Centre

(This office has a Labour Market Information Centre and Career Resource Centre.)

1502 Marlborough Mall,

515 Marlborough Way N.E., Calgary, AB T2A 7E7

Tel: 403-297-7570

Hours of operation: 8:30 a.m. - 4:30 p.m.,

Monday to Friday

Calgary North Canada - Alberta Service Centre

First Floor, One Executive Place

1816 Crowchild Tr. N.W., Calgary, AB T2M 3Y7

Tel: 403-297-7200 Fax: 403-297-3115

Hours of operation: 8:15 a.m. - 4:30 p.m.,

Monday to Friday

Calgary South/Central Area – 10th and 10th Office

Third Floor, RPW Building

1021 10th Ave. S.W., Calgary, AB T2R 0B7

Tel: 403-297-2094 Fax: 403-297-4172

Hours of operation: 8:15 a.m. – noon, 1 – 4:30 p.m.,

Monday to Friday

Calgary South/Central Area – Fisher Park Canada-Alberta Service Centre

(This office also has a Career Resource Centre and provides career advice, student funding information and workshop referrals.)

100 Fisher Park II

6712 Fisher St. S.E., Calgary, AB T2H 1X3

Tel: 403-297-2020 (Income Support)

Hours of operation: 8:15 a.m. – noon, 1 - 4:30 p.m.,

Monday to Friday

Alberta Health Services - Aboriginal Health

10101 Southport Rd. S.W., Calgary, AB T2W 3N2

Tel: 403-943-1816 Fax: 403-943-2711

www.albertahealthservices.ca

Aboriginal Hospital Liaison Services and Locations

- Meets with Aboriginal patients on a referral basis to ensure that they are comfortable and that their needs are identified and addressed while they are in hospital.
- Provides consultation to the health care team around spiritual, cultural and other special needs of Aboriginal patients, including arranging for Aboriginal spiritual practices, such as smudging ceremonies and Elder services.
- Referral and advocacy support to patients and families to facilitate continuity of care and access to appropriate health care and community resources.
- Provides input, recommendations and support into discharge planning of Aboriginal patients returning to their communities.

Peter Lougheed Centre

Contact: Aboriginal Hospital Liaison

Tel: 403-943-5603 Fax: 403-219-3572

Foothills Medical Centre

Contact: Aboriginal Hospital Liaison

Tel: 403-944-8105 Fax: 403-944-1446

Rockyview General Hospital Contact: Aboriginal Hospital Liaison

Tel: 403-943-3139 Fax: 403-943-3349



Alberta Children's Hospital

Contact: Aboriginal Hospital Liaison

Tel: 403-955-7034 Fax: 403-955-2444

Canmore General Hospital

Contact: Aboriginal Hospital Liaison

Tel: 403-678-5536 (ext. 7121)

Fax: 403-678-9874

Elbow River Healing Lodge

Sheldon M. Chumir Health Centre Seventh Floor 1213 Fourth St. S.W.,

Calgary, AB T2R 0X7 Tel: 403-955-6600 Fax: 403-955-6601

- Aboriginal family primary medical care clinic with focused services such as: prenatal, diabetes, foot and wound care.
- Street outreach.
- Social resource advocacy.
- Health promotion and immunization.
- Drop-in and appointment-based services, 8:30 a.m. to 4:30 p.m., Monday to Friday.

Adult Aboriginal Mental Health Team

Sheldon M. Chumir Health Centre Seventh Floor 1213 Fourth St. S.W. Calgary, AB T2R 0X7

Contact: Intake Worker Tel: 403-955-6645

- Vision: "Iikaakiimaat" (try hard and find inner strength).
- Mission: "Walking the path of cultural resilience towards mental wellness."
- Therapy, clinical liaison services, outreach services, education, community development and cultural safety.
- Supports Aboriginal people seeking assistance with mental health concerns and facilitates connections to resources through mental wellness workers.
- Assessment/diagnosis, treatment and follow up services for Aboriginal clients and their families through therapists.
- Therapists and wellness workers work closely together within health care settings and the community, including on and off reserve.

Aboriginal Tobacco Reduction Strategy

Tel: 403-943-0545 Fax: 403-943-2211

Email: jacqueline.carter@albertahealthservices.ca

- Facilitates cross-cultural learning by promoting the appropriate use of tobacco as a sacred plant within the Aboriginal community and prevents the misuse of commercial tobacco.
- Co-ordinates culturally appropriate tobacco use and reduction initiatives.
- Identifies needs and assists those who wish to stop their recreational tobacco use.
- Identifies opportunities and provides direction for how agencies can support urban and rural Aboriginal organizations within Calgary and the surrounding Treaty 7 communities.

Aboriginal Spiritual Care

Foothills Medical Centre Spiritual Care Services Special Services Bldg. (Room 1602) 1403 29th St. N.W. Calgary, AB T2N 2T9

Tel: 403-944-1410 Fax: 403-944-4446

Email: dean.shingoose@albertahealthservices.ca

- Compassionate, holistic spiritual care to Aboriginal patients and their families in a manner that is respectful of their unique cultural and spiritual needs through Spiritual Care Services at Foothills Medical Centre.
- Emotional and spiritual support for patients and families as requested.
- Weekly Wednesday Aboriginal Smudging Ceremony (1:30-2:30 p.m.) for Aboriginal patients, families, visitors and staff, facilitated by an Aboriginal Elder.
- Facilitates or arranges smudging ceremonies, or provides smudging materials for patients and families, as requested.
- Arranges Elder services for patients and families as requested.
- Consultation or advice to the multi-disciplinary team regarding appropriate accommodation of cultural/ spiritual beliefs and practices of Aboriginal patients and their families in collaboration with the Aboriginal Hospital Liaison.
- Participates in after-hours on-call spiritual care services exclusively at Foothills Medical Centre.

Alberta Human Rights Commission

Southern Regional Office, Duff Building 310 – 525 11th Ave. S.W., Calgary, AB T2R 0C9

Tel: 403-297-6571 (confidential inquiry line)

Email: humanrights@gov.ab.ca

Tel: 403-297-8407 (education and community services)

Email: educationcommunityservices@gov.ab.ca

Fax: 403-297-6567

www.albertahumanrights.ab.ca

Toll-free: 310-0000, then dial 10-digit number

Toll-free cellular phone access: *310 (for Rogers-AT&T)

or #310 (for Telus)

TTY service for persons who are deaf or hard of hearing:

In Calgary: 403-297-5639

Toll-free TTY within Alberta: 1-800-232-7215

Complaint Resolution and Educational Services

- Helps Albertans resolve and settle human rights complaints.
- Provides information in response to a specific or general inquiry.
- Produces educational and informative materials.
- Implements public education and community initiatives, including educational workshops, consultation services and presentations.

Alberta Ombudsman

2560 - 801 Sixth Ave. S.W., Calgary, AB T2P 3W2

Tel: 403-297-6185 Toll-free: 310-0000 Fax: 403-297-5121 www.ombudsman.ab.ca

Complaint Investigations and Referrals

- Investigation and resolution of complaints from individuals who believe they have been adversely affected by any administrative act, omission or impropriety of the Alberta public service and certain professional bodies.
- Information and referral services to direct callers to the appropriate contact, department or other complaint mechanisms when the complaint falls outside the Ombudsman's jurisdiction to investigate.

Alberta Seniors and Community Supports

Tel: 310-0000 www.seniors.alberta.ca

Seniors Benefit Program

Toll-free: 1-800-642-3853

 Comprehensive information on seniors programs and benefits for Albertans.

Assured Income for the Severely Handicapped (AISH)

500 TGS Place

1520 Fourth St. S.W., Calgary, AB T2R 1H5

Tel: 403-297-8511

Toll-free: 1-866-477-8589

 Income support to eligible adults who have a permanent disability that substantially limits their ability to earn a livelihood.

Alex Community Health Centre

101 – 1318 Centre Street NE Calgary, AB T2E 2R7 (new address in 2011)

Tel: 403-266-2622 (main)

Tel: 403-520-6270 (Youth Health Centre)

Fax: 403-266-2692 www.thealex.ca

Youth and Community Health and Support

- Youth Health Centre open Mon Thurs 1 p.m. 7 p.m., Fri 1 p.m. - 6 p.m., to serve at-risk, homeless and street connected Aboriginal and non-Aboriginal youth aged 12-24.
- Community Health Bus, Seniors Community Health Centre, Pathways to Housing, HomeBase and other programs to provide health care, housing and support services to individuals with medically and socially complex needs.
- Aboriginal youth outreach specialist to support youth with complex needs

Aspen Family and Community Network Society

Unit 9 – 2115 27th Ave. N.E., Calgary, AB T2E 7E4

Tel: 403-219-3477 Fax: 403-250-9420 www.aspenfamily.org

Youth and Family Programs

- Helping people create better lives for children, youth and families through programs that are culturally appropriate.
- First Nations and Métis staff to support programs and clients.
- Youth programs, such as Building Futures (employment),
 Youth Matters, and Student Health Partnership.
- Family programs, such as Foster Parent, Families in Transition, in-home and community support.
- Community transition homes to support youth through their journey.
- Pilot Projects, like New Directions, an Aboriginal men's group.

Awo Taan Healing Lodge – Parent Link Centre

100 - 1603 10th Ave. S.W., Calgary, AB T3C 0J7

Tel: 403-531-1880 Fax: 403-531-1884 www.awotaan.org

Programs and Resources

- Access to low-income housing, toy lending library, computer access program, parent resource library.
- Access to Elders, spiritual support, healing circles.
- Parent and family support, in-home and outreach, child play groups, Triple P - Positive Parenting Program.
- Family Violence Prevention and early intervention.
- Nutrition, wellness and mental and emotional health programs.
- Information and referrals.
- Special events and celebrations.

Awo Taan Healing Lodge Society

P.O. Box 6084, Station A, Calgary, AB T2H 2L3

Tel: 403-531-1970 ext. 200 (administration main line) www.awotaan.org

Healing Lodge/Women's Shelter

Tel: 403-531-1972 or 403-531-1976 (crisis lines)

- Crisis intervention, 24-hour crisis lines, short-term counselling.
- Shelter up to 21 days (extended for certain circumstances).
- Healing circles for both women and children.
- Community referrals, advocacy.
- Information and education on family violence.
- Food, transportation, clothing, household items, etc.
- Child support program, one-to-one tutoring in schools.
- Elder services.

Non-residential outreach

- Basic needs assessment and crisis intervention.
- Support activities, including counselling, referrals, advocacy.
- Support services to families who have left a domestic violence situation and are attempting to establish a new life in the community.
- Weekly healing circle.

Bow Valley College

Tel: 403-410-1400 www.bowvalleycollege.ca

Aboriginal Centre

 $332-6\ \mathrm{Av}$ SE, Calgary, AB T2G 4S6

Tel: 403-410-1786 Fax: 403.476.1866

- Supports Aboriginal student success.
- Provides student support for Aboriginal students (First Nations, Métis & Inuit).
- Collaborates with departments on student recruitment and retention.
- Provides advocacy for Métis and First Nations band funding.
- Organizes Elder sessions, ceremonies and other cultural supports.
- Facilitates sessions on Aboriginal cultural ways of knowing.

Boys and Girls Clubs of Calgary

731 13th Ave. N.E., Calgary, AB T2E 1C8

Tel: 403-520-1502 Fax: 403-276-9988

www.boysandgirlsclubsofcalgary.ca

Aboriginal Services

- Programs for families and youth six to 18 years of age.
- Focus on Aboriginal culture.
- Relationship-building for children and families with others in the community, including Elders.
- Recreation and education focused programs.
- Cultural awareness through traditional activities.
- Spring and summer day camps.
- Basic health and wellness education.
- One-on-one and group mentorship.
- Community celebrations and events.
- Iiyika'kimatt leadership program for youth, ages 13 to 21.
- Call for times and locations.

Calgary and Area Child and Family Services

Native Services Multi Service Team

First and Second Floors

1021 10th Ave. S.W., Calgary, AB T2R 0B7

Tel: 403-355-4698 (Intake line – 8:15 a.m. to 4:30 p.m.)

Tel: 403-297-4376 (Native Multi Service Team)

Tel: 403-297-3480 (Adoption Program)

Tel: 403-273-4026/297-2286 (Foster Parent Program)

Tel: 403-297-2995 (After Hours Support) Fax: 403-297-4181 or 403-297-2330 www.calgaryandareacfsa.gov.ab.ca

Aboriginal Child Intervention, Adoption and Foster Parenting

 Culturally appropriate child intervention services, including an Aboriginal adoption and Aboriginal foster parent program to meet the needs of Aboriginal children and their families.

Calgary Board of Education (CBE)

515 Macleod Tr. S.E., Calgary, AB T2G 2L9 starting February and ending June, 2011 departments will relocate to:

Education Centre

1221 8th St. S.W. Calgary, AB T2R 0L4

Tel: 403-294-8211 www.cbe.ab.ca

Aboriginal Education Team

Tel: 403-777-7373 (main) Fax: 403-777-8022

- Aboriginal education advisors, career planning and curriculum support.
- Creation and implementation of program initiatives for Aboriginal students.
- Leadership within the CBE on Aboriginal educational initiatives and programs.
- Support for staff, students and families.

Piitoayis Family School

1921 Ninth Ave. S.E., Calgary, AB T2G 0V3

Tel: 403-777-7860 Fax: 403-777-7869

Email: lapritchard@cbe.ab.ca (Principal)

- Grades K-6 programming; kindergarten and elementary.
- Blackfoot and Cree language classes, as well as drumming and singing.
- Spiritual ceremonies, such as a morning smudge and prayer.
- Cultural programming in addition to the Aboriginal material woven throughout the Alberta Learning Curriculum.
- Transportation, breakfast and lunch for students.
- Aboriginal Pride Program that offers support, information and referrals, cultural activities and events to the families of students.
- Focus on character development through the Seven Sacred Teachings.
- Focus on personal development through the Medicine Wheel.

Calgary Catholic School District

Catholic School Centre 1000 Fifth Ave. S.W., Calgary, AB T2P 4T9

Tel: 403-500-2000 (main switchboard) Email: lorianne.tenove@cssd.ab.ca www.cssd.ab.ca

FNMI (First Nations, Métis and Inuit) Team

- Support for FNMI students and families from the school district.
- Instructional support for FNMI students in all schools throughout the District.
- Aboriginal Pride Program in four schools.
- Family support and enhancement through the assistance of family liaison support workers.

Calgary Chamber of Commerce

100 Sixth Ave. S.W., Calgary, AB T2P 0P5

Aboriginal Opportunities Committee

Tel: 403-750-0400 Fax: 403-266-3413

www.calgarychamber.com

- Monthly meetings of Chamber members Aboriginal and non-Aboriginal alike – to identify and develop strategies to improve Aboriginal economic and labour market outcomes in the Calgary region.
- Supports the Chamber's Aboriginal Workforce Initiative (see www.calgarychamber.com/PGA/labour/ aboriginal.html)

Calgary Communities Against Sexual Abuse

until February, 2011

YWCA Mary Dover House Building

Seventh Floor

320 Fifth Ave. S.E., Calgary, AB T2G 0E5

starting March, 2011

Northland Building

7th Floor, 910 Seventh Ave. S.W. Calgary, AB T2P 3N8

Toll-free: 1-877-237-5888 (24-hour Support and

Information Line)

Tel: 403-237-6905 (Admin Line)

Fax: 403-264-8355 TTY: 403-508-7888 www.calgarycasa.com

Counselling and Support to Victims of Sexual Abuse or Assault

- All services confidential.
- Most services free.
- Individual counselling (free of charge).
- Group counselling (sliding fee scale).
- 24-hour support and information line.
- 24-hour hospital accompaniment.
- Police and Court Education and Support (P.A.C.E.S.) Program.
- Aboriginal community outreach.
- "Who Do You Tell?" ™ Child Sexual Abuse Educational Program.



Calgary Exhibition and Stampede

403-261-0101

www.calgarystampede.com

Indian Events Committee

1410 Olympic Way S.E.

P.O. Box 1060, Station M, Calgary, AB T2P 2K8

Tel: 403-261-0137 Fax: 403-266-6001

Email: jnicholson@calgarystampede.com

www.indianvillage.ca

 Authentic cultural interpretation, exhibition and preservation of the Treaty 7 tribes of Southern Alberta during the 10 days of the Calgary Stampede.

Stampede School

Tel: 403-261-0490

Fax: 403-206-9997 / 403-265-7195

Email: acrowshoe@calgarystampede.com

ccom.cbe.ab.ca

 Immerses students and teachers in the rich cultures of the Treaty 7 Nations, as well as Alberta's agricultural history and western culture.

Calgary John Howard Society (CJHS)

917 Ninth Ave. S.E., Calgary, AB T2G 0S5

Tel: 403-266-4566 (Main)

Tel: 403-536-4328 (Aboriginal Youth Outreach)

Fax: 403-265-2458

Email: info@calgaryjohnhoward.org www.calgaryjohnhoward.org

Offender, Family and Victim Services

- One-on-one assistance and advocacy for Aboriginal youth 16 to 24 years of age in the areas of employment and education, with support to help remain in programs.
- Programs offering alternatives to individuals at risk of offending, including education, skill and personal development, learning, and safe residential options.
- Community-focused responses to crime, including crime impact and reconciliation efforts.
- Crime and violence prevention through community and personal ownership.

 Information about the criminal justice system and support for families of individuals who have been in conflict with the law.

Calgary Police Service

Diversity Resources Unit/Aboriginal Liaison Officer

Fifth Floor, Alberta Trade Centre 315 10th Ave. S.E., Calgary, AB T2G 0W2

Tel: 9-1-1 (24-hour emergency)

Tel: 403-266-1234 (24-hour non-emergency)

www.calgarypolice.ca

Tel: 403-206-8150 (Diversity Resources Unit)

Tel: 403-206-8162 (Don't Buy In)

Fax: 403-974-0530 TTY: 403-266-1234 www.calgarypolice.ca www.dontbuyin.ca

- Programs that reflect how the Calgary Police Service values its partnerships with the city's diverse communities and serve as a conduit between the members of the community and the Calgary Police Service, including the Don't Buy In program which provides youth with diversity and hate-bias information in the schools.
- Aboriginal Liaison Officers to educate, open lines of communication and create awareness between the Service and the community.
- Additional portfolios represented by constables in the Diversity Resources Unit: diversity education, hate bias crimes, Africa, Caribbean and Latin Americas, South Asia, South East Asia, Middle East, persons with disabilities, sexuality and gender diversity.



Calgary Urban Aboriginal Initiative (CUAI)

Mailing address

P.O. Box 2100, Station M (#8113), Calgary, AB T2P 2M5 Tel: 403-268-1241 (Acting Director / Senior Community

Liaison)

Tel: 403-268-3584 (Community Liaison)
Tel: 403-268-3231 (Community Liaison)

Fax: 403-268-2322 (Attn: CUAI)

www.cuai.ca

Aboriginal Initiatives Collaborative

- Not a service delivery agency, but rather a
 collaborative initiative involving a broad base of
 stakeholders in the area of urban Aboriginal issues that
 aims to identify and fill gaps in service and systems
 access for Aboriginal Calgarians.
- Organization of domain groups operating in the following areas: education, employment services, health, justice, human rights, housing and funding.
- Not a funder, but provides facilitation of a Collaborative Granting Process (CGP) for urban Aboriginal projects and programs on an annual basis.
- Serves as the community portal for the federal Urban Aboriginal Strategy (UAS) in Calgary.

Canada Mortgage and Housing (CMHC)

200 – 1000 Seventh Ave. S.W., Calgary, AB T2P 5L5

Toll-free: 1-877-499-7245

www.cmhc.ca

Aboriginal Business Centre

- Advice and homeowner education to Aboriginal people in Calgary seeking to buy their first home.
- Information on mortgage loan insurance products and advice on current rental market trends in the city.



Canadian Forces Recruiting Centre Calgary

245 - 220 Fourth Ave. S.E., Calgary, AB T2G 0L1

Toll-free: 1-800-856-8488

Tel: 403-974-2920 Fax: 403-974-2906

Email: kemp.nr@forces.gc.ca

www.forces.ca (Equality in the CF > Aboriginals)

Aboriginal Programs

- Canadian Forces Aboriginal Entry Program (CFAEP), a three-week program giving candidates the opportunity to explore all aspects of a transition to military life before making an informed decision about joining.
- Aboriginal Leadership Opportunity Year (ALOY), a one-year program offering social opportunities, a bilingual, multi-cultural environment and the development of leadership skills.

Aboriginal Summer Programs

- RAVEN Aboriginal Youth Employment Program: builds bridges into Aboriginal communities in Canada and makes Aboriginal youth aware of potential military or civilian careers with the DND.
- Bold Eagle: a summer training and employment program in Wainwright for Aboriginal youth living in Western Canada or Northwestern Ontario that combines military training and Aboriginal cultural awareness.
- Black Bear: a summer training and employment program in Borden, Ontario, for Canadian Aboriginal youth, which combines military training and Aboriginal cultural awareness.

Canadian Heritage Patrimoine canadien

320 - 700 Sixth Ave. S.W., Calgary, AB T2G 0T8

Tel: 403-292-5541

Toll-free: 1-877-235-5777

Fax: 403-292-6004 www.pch.gc.ca

Aboriginal Peoples Programs

- Aboriginal Woman's Program (AWP) funds Aboriginal women's groups involved in social, cultural, and political issues affecting the lives of Aboriginal women within Canadian society.
- Cultural Connecting for Aboriginal Youth (CCAY) funds programs to support local, community-based, culturally relevant and supportive projects targeting Aboriginal youth.
- Other program funding through the national headquarters.

Canadian Mental Health Association – Calgary Region

400 - 1202 Centre St. S.E., Calgary, AB T2G 5A5

Tel: (403) 297-1714 Fax: (403) 270-3066

Email: larry.fedun@cmha.calgary.ab.ca

www.cmha.calgary.ab.ca

Street Outreach and Stabilization (SOS) – Aboriginal Services

- Specialized, culturally sensitive services for Aboriginal people who have mental health concerns and experience homelessness.
- Support for Aboriginal individuals struggling with disconnection from their community, abuse issues, addictions, mental health concerns and grief, among others.
- Assistance to reconnect with their community, to access Elders, to link to medical and psychiatric services, to refer to financial resources, to seek help with legal issues, to explore housing resources, to identify addiction treatment options and to teach independent living skills.

Canadian Paraplegic Association (Alberta)

5211 – 45th St. N.E., Calgary, AB T2K 6J5

Tel: 403-228-3001 (Aboriginal Services)

Fax: 403-229-4271

Toll-free: 1-866-213-3332 Email: calgary@cpa-ab.org

www.cpa-ab.org

Aboriginal Services

- Assistance to Aboriginal people both on and off reserve to achieve independence, self-reliance and full community participation.
- Rehabilitation counselling, employment counselling and job placement.
- Community advocacy to identify, reduce and eliminate barriers.
- Peer support.
- Assistance with funding applications and appeals.



Canadian Red Cross Society

Second Floor

1305 11th Ave. S.W., Calgary, AB T3C 3P6

Tel: 403-541-6100 Fax: 403-541-6129 www.redcross.ca

Tipi of Courage: HIV/AIDS Prevention Education

tipiofcourage@redcross.ca

- Warrior and cultural teachings.
- Educational programs on healthy choices and empowerment.
- Workshops on HIV/AIDS, transmission, debunking myths
- Engagement of Aboriginal community members as trainers.
- Using the tipi at community events to distribute information and teachings.

Tipi of Courage: Warrior Youth Leadership

tipiofcourage@redcross.ca

- Eight-week workshop series covering Warrior and Elder teachings; healthy choices and relationships; self-esteem; injury prevention; violence and abuse prevention.
- Art classes, self-expression, and communications.
- Leadership skills, community outreach and peer presentations.

RespectED: Violence & Abuse Prevention

RespectED.Alberta@redcross.ca

- Walking the Prevention Circle three-day workshop for Aboriginal adults.
- Workshops for youth on child abuse prevention, health youth relationships, and bullying and harassment prevention.
- Engagement of Aboriginal community members as prevention educators.
- Training and adult workshops.

Community Housing Support

- Financial assistance for damage deposits, rent and utility arrears, and advocacy with landlords.
- Home Suite Home workshops, which explain the rights and responsibilities of renters and landlords.
- YAHOO financial assistance and support for youth aged 15-17 who have issues with housing, transportation, education, etc. Please call 403-541-6119 for information or an appointment.

City Clerk's Office - The City of Calgary

Calgary Aboriginal Urban Affairs Committee (CAUAC)

c/o Social Policy and Planning, Community & Neighbourhood Services

The City of Calgary

P.O. Box 2100, Station M (#116), Calgary, AB T2P 2M5

Contact: Issue Strategist Tel: 403-268-5149 Fax: 403-268-3786

Email: lorna.crowshoe@calgary.ca

- Advice and support to The City of Calgary as an advisory sub-committee of Council.
- Liaison between The City and Calgary residents of Aboriginal descent.
- Liaison between City of Calgary representatives and those of the First Nations in the region.
- Recognition of achievements in the community through the Chief David Crowchild Award and the Aboriginal Youth Achievement Award.



Closer To Home Society

3507A 17th Ave. S.W., Calgary, AB T3E 0B6

Tel: 403-543-0550 Fax: 403-246-6406 www.closertohome.com

Kiwehtata Parenting Program

- Education for parents on how to provide the best possible environment for their infants and toddlers.
- Hands-on teaching in child development, nutrition, safety and positive parenting.
- Parenting program certificate provided upon completion and in-home support.

Pekewe House/Reunification

- Reunification support for parents and children who might otherwise be placed in foster care.
- Strategies for change, support and treatment within a culturally sensitive framework for Aboriginal families.
- Work on issues relating to family reunification, family violence, grief and loss issues, health, basic needs and community resources.
- Education on daily living skills, parenting and child management skills in a supportive environment.
- Upon completion of the program, families supported to find a new home.

Community & Neighbourhood Services, The City of Calgary

Youth Employment Centre, Youth Outreach Services

Alberta Trade Centre

Second Floor

315 10th Ave. S.E., Calgary, AB T2G 0W2

Tel: 403-268-2490 Fax: 403-268-2383 www.nextsteps.org

 Comprehensive, free employment and career counselling services to all youth 15-24 years, including access to a fax machine, photo copier, job board, Internet, computers, employment counsellors, hiring fairs and a resource area.

Aboriginal Youth Outreach

Tel: 403-268-5463

· Assistance to Aboriginal youth with one-on-one

career planning, resume writing, job search techniques, interview skills, educational and funding options.

- Develops community partnerships, plans events for Aboriginal youth and co-ordinates programs that target Aboriginal youth in employment and training.
- Aboriginal youth-specific website located at www.infonet.nextsteps.ca.

Aboriginal Services

Box 2100, Station M (#116), Calgary, AB T2P 2M5

Contact: Issue Strategist Tel: 403-268-5149

Email: lorna.crowshoe@calgary.ca

Contact: Aboriginal Community Worker

Tel: 403-268-5959

Email: bev.renaud@calgary.ca

Contact: Aboriginal Social Planner/Community Development

Tel: 403-268-5188

Email: Sharon.goulet@calgary.ca

- Development of partnerships and support for social equity and leisure opportunities for urban Aboriginal peoples.
- Reduction of the needs of urban Aboriginal people through appropriate service delivery, and advocacy by supporting the work of Aboriginal and non-Aboriginal agencies and other levels of government.
- Collaboration with the Aboriginal community to design and develop culturally competent services.
- Consultation and advice to provide appropriate
 Aboriginal awareness in City planning and events.
- Support to the Calgary Aboriginal Urban Affairs Committee (CAUAC).

NOTE: Does not provide individual or group counselling.

Information Centre

Tel: 403-268-4667 Fax: 403-268-2322 www.informcalgary.ca

To order Information Centre publications Tel: 3-1-1/403-268-2489 outside of Calgary

 Works in partnership with Alberta Health Services and agencies throughout Alberta to maintain information on www.informalberta.ca, used by 2-1-1 telephone services to provide community service information, as well as by Health Link to provide health information and advice.

- Hard-copy publications that help Calgarians find services, such as the Aboriginal Services Guide, Street Survival Guide and Youth Services Guide, Frequently Requested Telephone Numbers brochure and Violence Stops Here brochure.
- Online directories that include Animal Adoption and Rescue, Aboriginal Services, Calgary AfterSchool, Calgary Family Violence and Bullying Directory, FASD Directory, Food Assistance Directory, Calgary Street Survival Guide 2011, Calgary Youth Services Guide 2011, Ethnocultural Services Directory, Immigrant Children, Youth & Family Program Directory, Municipal Services for Seniors, Older Adults Living in Calgary, Strengthening Families of Multi-risk Youth, Substance Abuse Directory of Services, Voluntary Health Organizations, Youth Municipal Directory, and the Youth Recreation / Leisure Guide.

Community Futures Treaty 7

Small Business and Labour Market Development 300 – 6011 1A St. S.W., Calgary, AB T2H 0G5

Toll-free: 1-800-691-6078

Tel: 403-251-9242 Fax: 403-251-9750 Email: info@t7edc.com www.t7edc.com

- Business services and lending for Treaty 7 members.
- Aboriginal entrepreneur development and training.
- Human resource development.
- Training to employment programs.



Distress Centre of Calgary

300 - 1010 Eighth Ave. S.W., Calgary, AB T2P 1J2

Tel: 403-266-HELP / 403-266-4357 (24-hour crisis line)

Tel: 403-266-1601 (administration)

Tel: 2-1-1 (24-hour community service information)

Fax: 403-262-2512 TTY: 403-543-1967 www.distresscentre.com

2-1-1 Calgary

- Operation of a 24/7, confidential, free and multi-lingual telephone service.
- Information and referral to community, government and social services in the Calgary and Cochrane area through an easy-to-remember three-digit telephone number.
- Trained information and referral specialists to assess caller issues and assist in locating resources.

Help Lines

Crisis Line: 403-266-HELP / 403-266-4357

 24-hour help for anyone in distress, including seniors and men

Suicide Prevention Line: 1-800-SUICIDE/1-800-784-2433

Teen Line: 403-264-TEEN / 403-264-8336

Out is OK Line: 1-877-OUT-IS-OK / 1-877-688-4765

Programs

Professional Counselling Volunteer

Elizabeth Fry Society of Calgary

600 – 1509 Centre St. S.W., Calgary, AB T2G 2E6

Tel: 403-294-0737 Fax: 403-262-0285

Toll-free: 1-877-398-3656 www.elizabethfry.ab.ca

 Programs for Aboriginal and non-Aboriginal women, including adult and youth court work, healing circles, legal information and prison community outreach.

Families Matter

325, 2116 - 27th Avenue NE, Calgary AB T2E 7A6

Tel: 403-205-5178

Tel: 403-205-5177 (postpartum) Tel: 403-205-5175 (registrations)

Tel: 403-205-5189 (parent resource line)

Fax: 403-205-5191 www.familiesmatter.ca

Families Matter HUBS

Keeler Elementary

4807 Forego Avenue S.E., Calgary, AB

Bowcroft School

3940 - 73 Avenue NW, Calgary, AB

- Welcoming places for families to come together and learn.
- Programs to ensure that children are well-nurtured, safe from neglect, and meet developmental milestones.

In-Home Family Support

- Help parents to address basic needs and access community resources.
- Ongoing parenting health education.
- Tools and knowledge that promote child development.
- Help parents to develop problem-solving skills and strategies that address a range of issues including life skills, discipline, postpartum depression, isolation and child development.
- Aboriginal in-home support worker.



Four Directions Foster Parents Association of Calgary

4869 Hubalta Rd. S.E., Calgary, AB T2B 1T5

Tel: 403-273-4026 Fax: 403-273-4027

Cell: 403-607-6121 (after hours)

Email: info@fourdirectionscalgary.org

www.fourdirectionscalgary.org

Foster Parenting Support

- Assistance to adoptive/foster parents and children who are dealing with cross-cultural issues.
- In-home guidance and support for foster parents aimed at strengthening and preserving foster care placement.
- Support and guidance to current Aboriginal foster care providers to enhance skills and knowledge.
- Culturally appropriate training sessions for Aboriginal caregivers.
- Case aides who assist with transportation and supervised visits.
- Youth workers who provide one-on-one contact with children and youth experiencing struggles and issues in their life.
- Safe Home Study Assessment.
- Foster parent recruitment/screening.
- Celebrations relating to Aboriginal adoptions.
- Youth mentorships.

Ghost River Rediscovery Society

164 – 3359 27th St. N.E., Calgary, AB T1Y 5E4

Tel: 403-270-9351 Fax: 403-270-9371

Email: contact@ghostriverrediscovery.com

www.ghostriverrediscovery.com

Aboriginal Seniors Gathering Place

- Drop-in centre for Aboriginal seniors, friendly visiting, bi-weekly luncheons, cultural and social activities, potlucks.
- Filling out government forms and tax preparation (through Revenue Canada volunteers).
- Liaison with local care providers and adult acute care centres.
- Intergenerational seniors/youth events and feasts.

School-based Aboriginal Awareness Programs

- Rediscovery school program in partnership with the Calgary Board of Education.
- Customized programs.
- Winter and summer camps.
- Urban Rediscovery drop-in program.

Ancient Pathways New Directions Camps

- Outdoor education programs based on Aboriginal culture.
- Specialized camps for children, youth, young men and women, and adults, with a youth mentorship component.

Aboriginal Program Development, Support, Consultation, Facilitation and Training

- Rediscovery Wilderness Guide training for those interested in culturally based wilderness leadership.
- Standard and wilderness first aid training and certification courses.
- Outdoor leadership, facilitation and group leadership training.
- Aboriginal awareness and cross-cultural awareness training for agencies serving Aboriginal clients, including a variety of human service, business and law enforcement agencies.

Youth Leadership Programs

- Local and international programs based on indigenous traditions and values.
- International Youth Internship Program, offers young FNMI leaders the opportunity to obtain international work experience in the fields of indigenous youth leadership and community development.

Glenbow Museum

130 Ninth Ave. S.E., Calgary, AB T2G 0P3

Tel: 403-268-4100 (switchboard, Museokit rentals) Fax: 403-265-9769

Fax: 403-265-9769 www.glenbow.org

Programs (see website for hours and contacts)

- First Nations school programs.
- Museokits on a range of topics available for rent.
- Interactive website in Blackfoot, English and French at www.glenbow.org/blackfoot.
- Collection research and tours available by appointment.
- Call Gerry Conaty 403-268-4220.

Galleries and Exhibitions

Monday to Saturday, 9 a.m. to 5 p.m.,

Sunday 12 p.m. to 5 p.m.

- "Niitsitapiisinni: Our Way of Life," the permanent Blackfoot Gallery.
- "Native cultures from the Four Directions" focusing on the lives of other First Peoples.

Library and Archives

Tuesday to Friday 10 a.m. to 5 p.m.

- Free access to books, extensive archives of photographs and documents relating to First Nations' history, and staff to assist in locating materials.
- Specialized collections to support Métis genealogical and historic research.



Health Canada - Southern Alberta Zone

310 9911 Chiila Blvd. S.W. Tsuu T'ina Nation, AB T2W 6H6

First Nations and Inuit Health Branch

Tel: 403-292-6441 (main number)

Tel: 1-800-232-7301 (information line for additional medical benefits for Treaty Indians)

Fax: 403-292-6154 www.hc-sc.gc.ca

- Administration of the Non-insured Health Benefits
 Program, which pays for dental, medical equipment/
 supplies, patient transportation, prescription drugs,
 vision and other health services and products that
 are not paid for by provincial or territorial health
 insurance plans or programs or through other forms of
 third party coverage.
- Environmental Health Officers to maintain water quality and to resolve other environmental issues on-reserve.
- Funding for Treaty 7 First Nations on-reserve health centres.

Medical Referral Unit

Tel: 403-292-5284 (24-hour referral line)

 Medically related information, advice and services for First Nations people living on-reserve.

NOTE: No urban services.



Hull Child and Family Services

2266 Woodpark Ave. S.W., Calgary, AB T2W 2Z8

Tel: 403-251-8000 Fax: 403-251-4518 www.hullservices.ca

Fostering Connections Program

Tel: 403-238-7985 (Program Co-ordinator)

Fax: 403-251-1968

• Aboriginal foster care.

- Recruitment and development of culturally sensitive foster families.
- Regular consultation, support and ongoing training; workshops, culturally sensitive programs.
- 24-hour crisis support to families in the program.

Family Initiatives Program

Tel: 403-207-2506 (Program Director)

Fax: 403-204-9288

- Aboriginal in-home support.
- Culturally sensitive family services.
- Preservation/reunification services.
- Short-term intensive services with a long-term component.
- 24-hour crisis support for families.

Indian and Northern Affairs (INAC)

Head Office - Ottawa

Terrasses de la Chaudière

10 Wellington, North Tower, Gatineau, Quebec

Mail: Ottawa, ON K1A 0H4

Tel: 1-800-567-9604 (toll-free)

TTY: 1-866-553-0554 (toll-free)

Fax: 1-819-953-3017

Fax: 1-866-817-3977 (toll-free)

www.ainc-inac.gc.ca

Field Services - Southern Alberta

300 9911 Chiila Blvd. S.W.

Tsuu T'ina Nation, AB T2W 6H6

Tel: 403-292-5901 Fax: 403-292-6903 www.ainc-inac.gc.ca

- Referrals for issuing of Indian Status Cards.
- Mangement of transfer of Indian and Northern Affairs funds to Southern Alberta First Nations.

Indian Residential Schools

Residential School Information Line

Toll-free: 1-866-879-4913 7 days/week 6 a.m. - 9 p.m.

- Answers basic questions regarding common experience payments (CEP), independent assessment process (IAP) and alternative dispute resolution.
- Mails out IAP and CEP application kits.
- Confirms the receipt of IAP applications.
- Referrals to related call centres.

Health Supports Call Centres

Toll-free: 1-866-925-4419 (24-hour crisis line)

Toll-free: 1-888-495-6588 (Alberta Region support line)

- Crisis line for immediate and culturally appropriate counselling supports to former students experiencing distress.
- Regional support lines for professional counselling, emotional support by Resolution Health Support workers, cultural support by Elders, along with transportation assistance.

Jan Pat Management Organization

298 Southland Dr. S.W. Calgary, AB T2S 6W3

Tel: 403-292-9330

Toll-free: 1-800-665-9296 Email: justsayyes@janpat.com

Just Say YES - Employment Program

- Four to 12-week, paid employment skills sessions for Aboriginal youth, ages 17 to 30.
- Advocacy and mentorship.
- Ongoing work experience placement.
- Small groups with individual support.
- Assistance with childcare and transportation.
- Funds to help transition from program to employment.

Kainai (Blood Tribe)

PO Box 60, Standoff, AB TOL 1Y0

Tel: 403-737-3753 Fax: 403-737-3437 www.bloodtribe.org

First Nation Services

- Tribal government and related services.
- Family and Community Support Services.
- Housing, recreation, and social development.
- Employment and skills training.
- Kainai Board of Education, Red Crow College.
- Police, corrections and peacemaking services.
- Lands, finance and public works.
- Economic development, agriculture, oil and gas and more.

Latour Native Ministry

Tel: 403-244-4248

Email: latour@rcdiocese-calgary.ab.ca

- Outreach and resource program ministering to urban First Nations People residing in Calgary and the surrounding area.
- Promotes the faith and spiritual development, healing, empowerment and dignity of Aboriginal people.

Métis Calgary Family Services

352 Sunvale Dr. S.E., Calgary, AB T2X 2P1

Tel: 403-240-4642 Fax: 403-240-4846 www.mcfs.ca

Aboriginal Students Program

Tel: 403-240-4642 (ext. 230)

Fax: 403-240-4846 Email: asp@mcfs.ca

- Fun, cultural, educational and recreational activities in a 10-month stay-in-school initiative for Métis and Aboriginal youth currently enrolled in grades 8 through 12.
- Free tutoring Wednesday evenings from 5:30 to 7:30 p.m.
- Elder and youth consultation, counselling and visitation offering spiritual guidance and traditional teachings with an anti-bullying program component.
- Educational workshops Monday nights.
- Aboriginal youth mentors.

• Summer Youth Media Literacy program.

Ke Mama Nnanik - In-Home Support

Tel: 403-240-4642 (ext. 228)

Tel: 403-660-3964 (crisis line)

- Medium-intensity, in-home family support.
- Counselling, along with family and one-on-one support.
- Support in areas of addictions, advocacy, counselling, cross-cultural education, family dynamics, family violence, violence, mediation, parent and child conflict.
- Mandated by Calgary and Area Child and Family Services.

Little Sundance Child Care Centre

Tel: 403-240-4642 (ext. 224)

- Non-profit accredited Aboriginal childcare centre providing an encouraging learning environment for children and families, offering childcare for children aged 19 months to 12 years that supports and incorporates a balanced approach to early learning and life-long healthy growth.
- Parent Link site office supporting parents and children, including parent support group; parent education workshops; outreach and referral for basic needs; before and after-school program.
- Government subsidies available to low-income parents.

Métis Aboriginal Parent Link Centre

19 Erinwoods Dr. S.E., Calgary, AB T2B 2W3

Tel: 403-240-4642 (ext. 308)

Fax: 403-273-6038

- Little Turtle Pre-school program, ages 3.5 6 years.
- Babysitting course for ages 11 and older.
- Home Alone Safety program.
- Parent and child activities, parent education library.
- Child breakfast program.
- Family advocacy.
- Parenting groups, plus Triple P, Positive Parenting Program.
- Toy lending library.
- Tiny Bundles parenting workshops and pre-natal program.
- Cultural Pow Wow dance and drumming classes.
- Community kitchen.
- Aboriginal parent sharing circles.

 Little Dancing Buffalo Cultural Dance Program, a traditional dance program for children ages 6 through 18.

Native Network Family Resource Centre

19 Erinwoods Dr. S.E., Calgary, AB T2B 2W3

Tel: 403-240-4642 (ext. 303)

Fax: 403-273-6038

- Connects Aboriginal and Métis individuals and families with referrals and resources to meet basic needs.
- Clothing exchange.
- Bus tickets for medical appointments, job interviews, and going to and from shelter.
- Emergency homeless hampers and outreach.
- Emergency transportation.
- Housing advocacy.
- Crafts group.
- · Monthly community and family feasts and gatherings.
- Resume assistance.
- Aboriginal AA meetings.
- Cultural referrals, Elders, sharing circles, cultural Métis dance classes, cultural Pow Wow dance classes.
- Grocery bingo.
- Aboriginal Youth Mentor support.
- Children and family summer camps; access to recreation for low-income Aboriginal families.

Medicine Wheel Early Learning Centre

Pre School Headstart Program West Dover Elementary School

west Dover Elementary School

3113 – 30 Ave. S.E.

Tel: 403-807-1509 or 403-240-4642 ext. 304

Rainbow Lodge Families in Homelessness Program

701 – 6505 Huntridge Hill N.E., Calgary, AB T2E 7E4

Tel: 403-240-4642 (ext. 400)

Fax: 403-250-5815

 Transitional housing for families experiencing homelessness.

Métis Nation of Alberta Region 3

Regional Council

1A - 4001 19th St. N.E., Calgary, AB T2E 6X8

Tel: 403-569-8800 Fax: 403-569-8959

Toll-free: 1-800-267-5844 www.albertametis.org

- Information and referral to community resources.
- Youth groups.
- Assistance to Aboriginal people with cultural, recreational and social needs.
- Application for citizenship/Métis card.

Métis Employment Services (MES)

5 – 2611 37th Ave. N.E., Calgary, AB T1Y 5V7

Tel: 403-250-8902 Fax: 403-250-2838

Toll-free: 1-877-250-4295 Email: dfehr@metis.org www.metisemployment.ca

- Individual training sponsorship.
- Post secondary support for tuition, books and income support.
- Targeted wage subsidies.
- Summer Student Placement Program.
- Career Internship Program.
- Community Connections Program, community-based projects for unemployed, out of school Métis youth.
- Programs for persons with disabilities.

Métis Seniors Association

1539 43rd St. S.E., Calgary, AB T2A 1M3

Tel: 403-250-3970 Fax: 403-219-3048

Email: msaseniors@gmail.com

- Seniors activities.
- Aboriginal library.
- Workshops on seniors issues.
- Music and arts every second Saturday, 1 5 p.m.

Métis Urban Housing Corporation

Toll-free: 1-877-458-8684. (1-877-I-LUV-MUH)

www.muhcab.ca

Edmonton Office

11922 121A St., Edmonton, AB T5L 0A2

Tel: 780-452-6440 Fax: 780-452-1076

Calgary Office

Bays 1 and 2 $-\,$ 5301 21A Ave. S.E., Calgary, AB T2B 2E9

Tel: 403-569-9030 Fax: 403-235-3878

Housing Services

- Low-income housing for Aboriginal peoples throughout the province.
- Home ownership and home repair loans and grants.
- Art L'Hirondelle Dedicated Service Scholarships: two educational scholarships for deserving Aboriginal or Métis candidates.

Mount Royal University

Tel: 403-440-6111 (main number) www.mtroyal.ca

Iniskim Centre, Lincoln Park Campus

C201 – 4825 Mount Royal Gate S.W., Calgary, AB T3E 6K6

Tel: 403-440-5596 Fax: 403-440-7207

Email: iniskimcentre@mtroyal.ca

Aboriginal Education Program

- Three levels of study designed for students requiring advanced upgrading with a concentration in Math and English.
- Core subjects supplemented with general arts and science courses, college preparation and Aboriginal cultural courses.
- Aboriginal cultural content and support services.
- Tutorial services.
- Academic and personal advising.
- Computer lab and resource centre.
- Hosts monthly information exchange for Aboriginal serving agencies.

Aboriginal Student Housing

 Affordable housing for Aboriginal students attending Mount Royal.

National Aboriginal Achievement Foundation

Toll Free: 1-800-329-9780 Telephone: 416-926-0775

Fax: 416-926-7554

www.naaf.ca

- Post-secondary educational scholarships in all areas of study.
- Career fairs and other programs to increase Aboriginal participation in the work force.
- Aboriginal Achievement Awards to celebrate significant attainments in the community.

Native Counselling Services - Calgary

Second floor, 614 Sixth Ave. S.W., Calgary, AB T2P 0S4

Tel: 403-237-7850 Fax: 403-237-7857 Email: calgary@ncsa.ca

www.ncsa.ca

Criminal and Youth Court Worker Program

- Criminal Court workers help clients understand their legal rights and responsibilities and to offer in-court assistance, counselling and interpretation services as required.
- Youth Court workers provide assistance, counselling and support to young offenders and their families both in and out of court.

Family Court Worker Program

- Assistance for clients in understanding court procedures as well as the individual's rights and responsibilities.
- Interpretation services for those clients who have a first language other than English.
- Assistance, advice and counselling to persons regarding programs and services available in the community.
- Direct assistance to clients to help them in the courts where action in regards to the welfare of the children has been initiated, to prevent apprehension and keep the family together.
- Assistance to families where the children have already been apprehended, working to have the children returned to their families.

Calgary Aboriginal Youth Restorative Justice Committee

- Alternative Measures program for Aboriginal youth who are first or second offenders in conflict with the law.
- Extra-judicial sanctions, if successfully completed, may result in no criminal record.
- Culturally sensitive, engaging Elders and community members to form the committee.
- Referrals from the courts.

Human Rights Education and Support Program

- Helps adolescent and adult clients by providing guidance, support and advocacy in an atmosphere of strict confidentiality.
- "How to Protect Your Rights" and "Say No to Discrimination" presentations are available throughout southern Alberta (Red Deer and south).

Our Lady Queen of Peace Ranch

PO Box 390, Bragg Creek, AB TOL 0K0

Tel: 403-949-2044 Fax: 403-949-2042

www.ourladyqueenofpeaceranch.com

Ranch Programs

- A recreational outdoor ranch experience for the clients of agencies who serve children of Aboriginal descent, physically, mentally, and financially challenged children, referred by an appropriate agency.
- Day trips, off-season camping, summer camp and weekend family camps in a non-denominational and multi-cultural environment for children that fall under the above noted umbrellas

NOTE: No direct intake. Interested families need to contact one of the referring agencies.



Pathways Community Services Association

103 - 6919 32nd Ave. N.W., Calgary, AB T3B 0K6

Tel: 403-247-5003 Fax: 403-286-1163 www.pathwayscsa.org

Aboriginal Resource Program

- In-home support that works with child protection services, Elders, therapists, foster parents and various professionals in order to strengthen Aboriginal children and their families.
- Access to Elders, spiritual leaders and resource speakers.
- Aboriginal/cultural awareness training/teachings.
- After hours support and crisis services.
- Talking/sharing circles.
- Addictions assessment and recommendations.
- Guidance and skills training.
- Connections to community resources.
- Annual Friendship Round Dance.
- Some programs require referral from Child and Family Services.

Nekinan Home for Aboriginal Youth

- Culturally appropriate, community-based programs that offer substitute care and group living to Aboriginal children (First Nations, Métis and Inuit background), in the care of the Director, Alberta Children's Services.
- Child-centred programs and services that focus on the four areas of the Medicine Wheel.

Pathways Mentor Home

- Transitioning youth from group care to stable, long-term residence in the community.
- Youth workers and mentors function like an extended Native family.



Piikani First Nation

PO Box 70, Brocket, AB TOK 0H0

Tel: 403-965-3940 Fax: 403-965-2214

Email: piikaniinfo@gmail.com

First Nation Services

- Child and Family Services.
- Community development, human resource and social development.
- Employment services.
- Education, health, housing and recreation.
- Blackfoot Confederacy Council, Nation Membership.
- Lands, justice and finance.
- Economic development, research, oil and gas, and public works.
- Head-Smashed-In Buffalo Jump Museum and Old Man River Cultural Centre.
- CY Ranch and Sitting On Eagle Tail Feathers Elders Centre.

Quickdraw Animation Society

201 – 351 11 Ave. S.W. Calgary, AB T2R 0C7

Tel: 403-261-5767 Fax: 403-261-5644

E-Mail: info@quickdrawanimation.ca

www.quickdrawanimation.ca

Aboriginal Youth Animation Project

- Community action through animation for Aboriginal youth 15-30.
- 20 weeks paid work experience.
- Consultations on career development.

Riel Institute of Education and Learning

214, 1830 - 52 St. S.E. Calgary, AB T2B 1N1

Tel: 403-248-0824 Fax: 403-248-0886

email: program@rielinstitute.com

www.rielinstitute.com

- Aboriginal specific services delivered in a supportive, holistic, culturally sensitive atmosphere.
- Training programs such as Office Specialist Certificate program, Aboriginal Family & Youth Support Certificate program, Life Enhancement Training
- Student supports, including resource assistance, tutoring, Elder sharing circles, cultural programming and Native Studies.
- Assistance to connect with funding.

Rocky View School Division

First Nations, Métis, Inuit Aboriginal Education Program (FNMI)

Education Centre

2651 Chinook Winds Dr. S.W., Airdrie, AB T4B 0B4

Tel: 403-945-4000 Fax: 403-945-4001 www.rockyview.ab.ca

- Activities and services that respect and build on the unique cultural and language dimensions of the students within the program.
- Focus on literacy, cultural identity, respect and the importance of life-long learning.
- Support for families.

SAIT Polytechnic

Tel: 403-284-7248

www.sait.ca

Chinook Lodge Aboriginal Resource Centre

Senator Burns Building, N108

1301 16th Ave. N.W., Calgary, AB T2M 0L4

Tel: 403-210-4028 Fax: 403-210-4524

Email: chinook.lodge@sait.ca

Chinook Lodge collaborates with various organizations and SAIT Polytechnic departments to support the success of Aboriginal learners by offering:

- Academic counselling.
- Access to computers, tutors and learning strategists.
- · Leadership, mentor, social and networking opportunities
- One-on-one cultural and spiritual advising.
- Student advising to financial resources, including bursaries, scholarships ans awards.



Siksika Nation

Siksika Nation Administration Box 1100, Siksika, AB T0J 3W0

Toll-free: 1-800-551-5724

Tel: 403-734-5100

Email: frontdesk@siksika.com www.siksikanation.com

First Nation Services

 Services to nurture Siksika culture and enhance the growth, independence and well-being of its people.

 Programs in the areas of health, community and family services, education, employment, public works and administration, land management, justice, land claims, and financial management of the Siksika assets.

Siksika Family Services

• Child Welfare and Income Support services to Siksika members.

On-reserve at Siksika Nation

PO Box 1189, Siksika, AB TOI 3W0

Tel: 403-264-8573 (Calgary direct line)

Toll-free: 1-888-734-5140

Tel: 403-734-5140 (Siksika local)

Fax: 403-734-5163

Off-reserve in Calgary 132 16th Ave. N.E., Calgary, AB T2E 1J5

Tel: 403-235-6893 Fax: 403-235-6686

Fax: 403-230-7228 (Child Services Secure fax)

Email: familyservices@siksika.com

Blackfoot Crossing Historical Park

Box 1639, Siksika, AB, TOJ 3W0

Telephone: 1-403-734-5171

Toll-free: 1-888-OKI-NAPI (1-888-654-6274)

Fax: 1-403-734-2346

Email: info@blackfootcrossing.ca

www.blackfootcrossing.ca

 A world-renowned cultural, educational and entertainment centre built for the promotion and preservation of the Siksika Nation peoples' language, culture and traditions.

Stardale Women's Group Inc.

Sun Life Plaza – West Tower 2600 – 144 Fourth Ave. S.W., Calgary, AB T2P 3N4

Telephone: 403-243-6615 Fax: 403-206-7075

Email: stardale@gmail.com

www.stardale.org

Support for Aboriginal Women and Girls

- Community-based outreach program for girls 11-17.
- Residential School Survivors workshops.
- Educational and recreational activities both in and out of school.
- Prevention and intervention strategies on self-esteem, communication, relationships, co-dependency, anger management, boundaries, family dynamics, residential schools, harm reduction, health and wellness, nutrition, violence and abuse.
- Cultural arts elements integrated into regular programming.

Stoney Nakoda Nation

PO Box 40, Morley, AB TOL 1N0

Tel: 403-881-3770 www.stoneynation.com

First Nation Services

- Police, Fire, EMS services, public works and other municipal services.
- Education services at the Morley Community School, Chief Jacob Bearspaw Memorial School and the Ta Otha School.
- Extensive health services through the Stoney Health Centre.
- Community programs and services, such as youth programs, the Stoney Day Care, Stoney Employment Training Program and others.
- Economic development through oil and gas, Stoney Nakoda Resort, Nakoda Lodge on the Lake and other enterprises.

Sunchild E-Learning

Calgary Campus

#200 - 6011 1A St. S.W., Calgary, AB T2H 0G5

Phone: 403-253-5311

Email: cuweaselchild@sccyber.net

Fax: 403-253-5741 www.sccyber.net

- Interactive, online, Alberta Learning-accredited school.
- Flexible and cost-effective solution for delivering educational content to First Nations and their students.
- Full range of Alberta Education junior and senior high courses.
- Adult and youth ESL and literacy courses.
- Fully accredited teachers teach classes in real time over the Internet during scheduled class time.
- Onsite computer lab for student use and a mentor to help with course materials.
- Students may apply for part-time funding (tuition and books) or full-time (includes a living allowance funding).

Sunrise Native Addictions Services

1231 34th Ave. N.E., Calgary, AB T2E 6N4

Tel: 403-261-7921 Fax: 403-261-7945

www.nass.ca

- Counselling for alcohol and/or drug abuse.
- Gambling education and referrals.

Outpatient Addictions Services

• Gender specific sharing circles.

Residential Services

- Six-week, co-ed residential day treatment program.
- Three-month long term residential treatment program with nine-month outpatient follow up.

Recovery Support

- Living Through Recovery Treatment Program.
- Individual care plans, structured group work, counselling, life skill development and other supports.

Anger Management Groups

 CROW, a spousal abuse program for men of all cultural backgrounds. EAGLE Circle for Women, a program for women of all cultural backgrounds dealing with their own aggressive behaviour.

The Métis Centre

Youth and Family Programs

1539 43rd St. S.E., Calgary, AB T2A 1M3

Tel: 403-219-3259 Fax: 403-219-3048

- Referrals for academic upgrading for Aboriginal youth and adults.
- Referrals to crisis services.
- Activities and services for seniors.
- Good Food Box location.
- Cultural event every second Saturday, noon 5 p.m.

Treaty 7 Management Corporation

101 – 12111 40 St. S.E., Calgary, AB T2Z 4E6

Tel: 403-539-0350 Fax: 403-281-9783 www.treaty7.org

Housing

- Training and technical programs.
- Programs and strategies to help Treaty 7 nations on housing issues.
- Applications for off-reserve housing.

Treaty 7 Urban Indian Housing Authority

200 – 519 Seventh St. South, Lethbridge, AB T1J 2G8

Tel: 403-327-1995 Fax: 403-327-0849

Toll-free: 1-800-567-4256 Email: info@t7housing.com www.t7housing.com

Aboriginal Housing

 Adequate, affordable rental accommodations for low-to-moderate income Native families and individuals, in Calgary, Lethbridge and Cardson.

Truth and Reconciliation Commission of Canada

www.trc.ca

Head office

1500 360 Main Street,

Winnipeg, MB R3C 3Z3

Tel: 204-984-5885

Toll-free: 1-888-872-5554 (1-888-TRC-5554)

Fax: 204-984-5915 email: info@trc.ca

Ottawa office

100 Sparks St. Fourth Floor Ottawa, ON K1P 5B7

Tel: 613-992-8194 Fax: 613-947-5794

 To inform all Canadians on the shared history and legacy of the Residential School system.

Tsuu T'ina Bullhead Adult Learning Education Centre

250 9911 Chiila Blvd. Tsuu T'ina Nation, AB T2W 6H6

Tel: 403-974-1400 Fax: 403-974-1449

Email: cmanyfingers@tsuutina.net gleneagletail@tsuutina.net

Adult Education

- Certified provincial training provider for high school certificate and diploma completion.
- Academic and career counselling.
- Open to all Tsuu T'ina and community members; other First Nations are welcome to apply.

Tsuu T'ina Museum

Seven Chiefs Arena, Tsuu T'ina Nation, AB (call for directions)

Mail: Box 135

3700 Anderson Rd. S.W., Tsuu T'ina Nation, AB. T2W 3C4

Tel: 403-238-2677 Fax: 403-238-0873

Museum Services

- Open to the public, year-round, Monday to Friday, 9 a.m. 4 p.m.
- Group tours for 10 and more people.
- Small gift shop with all items made by Tsuu T'ina peoples.

Tsuu T'ina Nation Administration Office

9911 Chiila Blvd. S.W., Tsuu T'ina Nation, AB T2W 6H6

Tel: 403-281-4455 Fax: 403-251-6061 www.tsuutina.ca

First Nation Services

 Programs in the areas of housing, social services, education, employment, human resources, health, economic development and infrastructure.

Tsuu T'ina Nation - Office of the Peacemaker

35 Many Horses Rd., Tsuu T'ina Nation, AB T2W 6H6

Tel: 403-238-3500 Fax: 403-238-3530

Email: peacemaker@tsuutina.com

Peacemaking

- A unique justice system that combines contemporary court standards with the values of the Tsuu T'ina peoples.
- Direct access to an alternative in dealing with issues before the court.
- Can be accessed through the court system, police, Tsuu T'ina schools, Tsuu T'ina Administration or individual Tsuu T'ina members.
- Mediation, family conferencing, sentencing circles or as a part of a court order.
- Available on referral from the police before a charge is laid, after a charge is laid by the court or after conviction through a sentencing circle.
- Open to everyone, including Tsuu T'ina members and school students.

Tsuu T'ina Nation/Stoney Corrections Society

Mailing Address: Box 70

595 Six Mile Coulee Rd., Tsuu T'ina Nation, AB T2W 6H6

Tel: 403-238-5649 Fax: 403-238-5864

Email: tscs@tsuutina.com

Offender and Victim Services

- Referral services, assistance and support to the peoples of Eden Valley, Tsuu T'ina First Nation and the Stoney Nakoda First Nation who are affected by crime, tragedy and/or misfortune.
- Legal Aid applications, Community Corrections, Court Worker and Probation services, as well as Fine Option, Crime Prevention and Victim Services programs.

University of Calgary

Tel: 403-220-5110 (main number)

www. ucalgary.ca

The Native Centre

Tel: 403-220-6034

www.ucalgary.ca/nativecr 390Z MacEwan Student Centre

2500 University Dr. N.W., Calgary, AB T2N 1N4

- Pre-admissions advising.
- Ongoing academic advising.
- Academic outreach programming.
- Financial advising and advocacy.
- Tutorial and remedial services.
- Cultural ceremonies and related activities.
- Monthly social gatherings.
- Student orientation programs.
- Computer lab, study room, administration offices, two boardrooms, Red Lodge Student Lounge.
- ASAP: Aboriginal Student Access Program.
- NAPI: Native Ambassador Post-Secondary Initiative/Leadership Training Program.
- LYNX: Aboriginal Student Career and Employment Program.
- PASS: Peer-Assisted Student Services social activity program.
- ASAP: Aboriginal Student Access Program.
- Bear Tracks electronic newsletter.

Urban Society for Aboriginal Youth (USAY)

1109 615 Macleod Tr. S.E., Calgary AB T2G 4T8

Tel: 403-233-8225 Fax: 403-233-8756 Email: info@usay.ca www.usay.ca

Youth Development

- Aboriginal youth program development.
- Assistance to agencies through partnerships and community events to promote Aboriginal youth issues.
- Advocacy around the issues of concern to Aboriginal youth.
- New Tribe, a monthly magazine for an urban youth audience.
- E-seminars, online learning on business etiquette, Aboriginal awareness (in English and French), career planning, and personal finance.
- Aboriginal Anti-racism Movement, (AARM) a weekly action through the arts program, focusing on addressing, challenging, and resisting racism in everyday life.



Wood's Homes - Eagle Moon Lodge

9400 48th Ave. N. W., Calgary, AB T3B 2B2

Tel: 403-247-6751 Fax: 403-286-0878 www.woodshomes.ca

Works with Aboriginal youth, families and communities across Canada to reduce the effects of substance abuse by offering a holistic continuum of services.

Guidance and Support

- Connects youth to their cultural and spiritual identity on their journey to wellness and home.
- Draws on a combination of traditional wisdom and clinical best practices for youth with substance abuse issues.
- Based on Aboriginal teachings and traditions as reflected by the Medicine Wheel and the Sacred Tree.

Treatment

 Focus on identifying strengths and competencies, operating from a harm reduction approach as opposed to a zero-tolerance method.

Residential Services

- Intensive co-ed residential service for Aboriginal youth, 11 to 18 years old, from anywhere in Canada who are known or suspected substance users.
- Day treatment addiction services and specialized education services.

Training

 Canada-wide training for Aboriginal communities interested in addressing community health issues and learning interventions related to substance abuse, recidivism, sexual abuse and the rediscovery of community healing.

YMCA Calgary – Aboriginal Programs and Services

510 - 940 Sixth Ave. S.W., Calgary, AB T2P 3T1

Tel: 403-531-1662 Fax: 403-531-1664 www.ymcacalgary.org

Aboriginal Community Outreach Programs

YMCA Aboriginal Programs and Services Director Tel: 403-531-1662

- Opportunities for Aboriginal boys, girls and youth to participate in activities that positively promote Aboriginal culture, heritage and traditions, including drum, dance and leadership programs.
- Workshops activities and programs vary in location, times and age groups and include spring and summer day camps.
- Offered on a registered and drop-in basis.
- Some programs are open to all, but others are for Aboriginal children only.

Aboriginal Active Life

YMCA Aboriginal Community Outreach Supervisor Tel: 403-531-1650

- A variety of recreational activities for Aboriginal children, youth or families that promote a healthy, active lifestyle while maintaining a firm sense of Aboriginal identity and awareness.
- Weekly activities at various YMCA facilities throughout the city.
- Offered on a registration and drop-in basis.

YMCA 7th Generation (Y7G)

YMCA 7th Generation Program Co-ordinator Tel: 403-215-5349

- Y7G empowers Aboriginal youth to achieve personal, academic, social, employment and career goals.
- Weekly group workshops and one-on-one mentorship meetings to equip program participants with the support and guidance needed to realize their leadership potential.
- A registered program for Aboriginal youth attending high school.

Additional information

National/Regional Aboriginal Organizations

Assembly of First Nations (AFN)

810 – 473 Albert Street, Ottawa, ON K1R 5B4 National Chief: Shawn A-in-chut Atleo

Tel: 613-241-6789 Fax: 613-241-5808

Toll-free: 1-866-869-6789

www.afn.ca

Represents all First Nations citizens in Canada regardless of age, gender or place of residence.

Congress of Aboriginal Persons (CAP)

867 boul. St.Laurent Blvd., Ottawa, ON K1K 3B1 National Chief: Betty Ann Lavallée

Tel: 613-747-6022 Fax: 613-747-8834 www.abo-peoples.org

The Congress of Aboriginal Peoples (CAP) is the national voice of off-reserve Aboriginal people throughout Canada.

Inuit Tapiriit Kanatami (ITK)

1101 – 75 Albert St., Ottawa, ON K1P 5E7

Toll-free: (Canada only) 1-866-262-8181

Tel: 1-613-238-8181 Fax: 1-613-234-1991 Email: info@itk.ca www.itk.ca

President: Mary Simon

Inuit Tapiriit Kanatami (ITK) is the national Inuit organization in Canada, representing four Inuit regions – Nunatsiavut (Labrador), Nunavik (northern Quebec), Nunavut and the Inuvialuit Settlement Region in the Northwest Territories. It participates in the Inuit Circumpolar Council: www.inuitcircumpolar.com.

Métis National Council

201 - 350 Sparks St., Ottawa, ON K1R 7S8

Tel: 613-232-3216 Fax: 613-232-4262

Toll-free: 1-800-928-6330

www.metisnation.ca

President: Clément Chartier

Represents the Métis Nation nationally and internationally with the aim to secure a healthy space for the Métis Nation's ongoing existence within the Canadian federation, with portfolios addressing culture, heritage, language, economic development, health, international affairs, urban affairs, justice, self-government and social development.

National Inuit Youth Council (NIYC)

1101 75 Albert St., Ottawa, ON K1P 5E7

Tel: 613-238-8181 www.niyc.ca

President: Jennifer Watkins

The NYIC is an organization for Inuit youth aged 13-30 and made up of representatives from land claim organizations in Nunatsiavut, Nunavik and the Inuvialuit Settlement Region of the Northwest Territories, as well as the three regional land claims organizations of Nunavut.

Native Women's Association of Canada (NWAC)

1 Nicholas Street, Suite 900 Ottawa, ON K1N 7B7

Toll Free: 1-800-461-4043

Tel: 613-722-3033 Fax: 416-926-7554 www.nwac.ca

President: Jeanette Corbiere Lavell

The national voice representing First Nations and Métis women, with work on issues such as youth, labour market development, international affairs, human rights, health and environment, as as well leading Sisters in Spirit, an initiative to raise awareness about the high rates of violence experienced by Aboriginal women and girls.

The Métis Nation of Alberta

100 Delia Gray Building

11738 Kingsway Ave., Edmonton, AB T5G 0X5

Tel: 780-455-2200 Fax: 780-452-8946

Toll-free: 1-800-252-7553

www.metis.org

President: Audrey Poitras

To represent Métis people (in Alberta) in government policy and the decision-making process and to promote and facilitate the advancement of Métis people through the pursuit of self-reliance, self-determination and self-management.

Aboriginal Media

Aboriginal Multi-Media Society

13245 146th St., Edmonton, AB T5L 4S8

Tel: 780-455-2700 Fax: 780-455-7639 www.ammsa.com

Alberta Sweetgrass

Alberta news focus, published monthly.

Windspeaker Magazine

Canadian news perspective, published monthly.

CFWE Radio

www.cfweradio.ca

Aboriginal music, news and programming online and FM provincially (except Red Deer and Calgary).

Aboriginal Peoples Television Network

APTN Winnipeg Head Office

339 Portage Ave., Winnipeg, MB R3B 2C3

Tel: 204-947-9331 Fax: 204-947-9307

Toll-free: 1-888-330-APTN (ext. 358)

TTY: 1-866-371-7659

www.aptn.ca

Specialty television network.

Alberta Native News

207 - 11460 Jasper Ave., Edmonton, AB T5K 0M1

Tel: 780-421-7966 Fax: 780-424-3951

www.albertanativenews.com

Monthly newspaper.

Native Journal

Native Journal Inc.

Box 57096

2020 Sherwood Dr., Sherwood Park, AB T8A 5L7

Tel: 780-448-9693

Toll-free: 1-866-526-8688

Fax: 780-448-9694 www.nativejournal.ca

Monthly magazine.

New Tribe Magazine

c/o Urban Society for Aboriginal Youth 1109 615 Macleod Tr. S.E.

Tel: 403-233-8225

Email: usayeditor@gmail.com

www.usay.ca

Monthly magazine.





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