


Cold Weather Emergency Supports for Calgarians Experiencing Homelessness

If you are cold and have nowhere to go, please see the services listed below.

| Location | Services, Hours, and Requirements | Timing | | | | | | | | | | | | | | |
|---|--|---|------------------|------------------|------------------|------------------|-----|-----|-----------------|------------------|------------------|------------------|------------------|------------------|------------------|------------|
| Overnight Shelter and Daytime Services | | | | | | | | | | | | | | | | |
| Alpha House Calgary 203 15 Ave. SE 403-234-7388 | 24/7 Shelter offers essential items, food, clothing, showers, and detox access. | Year-round | | | | | | | | | | | | | | |
| Calgary Drop-In Centre 1 Dermot Baldwin Way SE 403-266-3600 | 24/7 Shelter offers essential items, food, clothing, showers, and housing. | Year-round | | | | | | | | | | | | | | |
| Inn from the Cold 706 7 Ave. SW 24-hour help line: 403-263-8384 | 24/7 Shelter offers essential items, food, clothing, and essentials for families, adults with dependent children, pregnant mothers, and expecting couples. <i>Participants must meet family eligibility criteria and complete a shelter intake.</i> | Year-round | | | | | | | | | | | | | | |
| Mustard Seed Calgary Shelter 7025 44 St. SE 403-723-9422 | 24/7 Shelter offers food, clothing, hygiene, and overnight stays. <i>Adult (18+) sober environment. Intake required for new clients.</i> | Year-round | | | | | | | | | | | | | | |
| Salvation Army Calgary Men's Shelter 420 - 9 Ave. SE 403-410-1111 | 24/7 Shelter offers three meals per day, essential items, Wi-Fi, computers and gym access. <i>Male 18+ years old Must be coherent.</i> | Year-round | | | | | | | | | | | | | | |
| Salvation Army Calgary Women's Shelter 3013 15 Ave. SW 403-930-2711 | 24/7 Shelter offers three meals per day, essential items, Wi-Fi, and computer access. <i>Female 18+ years old Must be coherent.</i> | Year-round | | | | | | | | | | | | | | |
| Trellis - Avenue 15 938 15 Ave. SW 403-543-9651 | 24/7 Youth shelter. <i>Youth aged 12-17.</i> | Year-round | | | | | | | | | | | | | | |
| YWCA Calgary 1715 17 Ave. SE 403-263-1550 | Emergency shelter, transitional housing for women, and women with children open 24 hours, 7 days a week. Offers outreach supports, basic needs, counselling for women, men and children, affordable housing for women with children who have left domestic violence. Weekdays 8:00 a.m. - 5:00 p.m. <i>Participants must register as a client to access services.</i> | Year-round | | | | | | | | | | | | | | |
| Daytime Services and Warming Locations | | | | | | | | | | | | | | | | |
| Calgary Public Library Locations throughout Calgary For locations or hours call: 403-260-2600 www.calgarylibrary.ca | All locations open to the public and typical hours of operation are: <table border="1"> <thead> <tr> <th>Sun</th> <th>Mon</th> <th>Tues</th> <th>Wed</th> <th>Thurs</th> <th>Fri</th> <th>Sat</th> </tr> </thead> <tbody> <tr> <td>12 pm. - 5 p.m.</td> <td>10 a.m. - 8 p.m.</td> <td>10 a.m. - 8 p.m.</td> <td>10 a.m. - 8 p.m.</td> <td>10 a.m. - 8 p.m.</td> <td>10 a.m. - 6 p.m.</td> <td>10 a.m. - 5 p.m.</td> </tr> </tbody> </table> Public computers are available to access information and services. | Sun | Mon | Tues | Wed | Thurs | Fri | Sat | 12 pm. - 5 p.m. | 10 a.m. - 8 p.m. | 10 a.m. - 8 p.m. | 10 a.m. - 8 p.m. | 10 a.m. - 8 p.m. | 10 a.m. - 6 p.m. | 10 a.m. - 5 p.m. | Year-round |
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| Dashmesh Cultural Centre 135 Martindale Blvd. NE | Warming location offers hot meals, and food bank. 4:00 a.m. - 10:00 p.m. daily with meals 9:00 a.m. - 9:00 p.m. | Year-round | | | | | | | | | | | | | | |
| Journey Church 10307 Eamon Rd. NW | Warming location offers snacks, essential items and coffee, social supports, and connection to Coordinated Access and Assessment. 10:00 a.m. - 5:00 p.m. Monday - Friday. | November 1 - March 31 | | | | | | | | | | | | | | |
| Mustard Seed Calgary Support Centre 102 11 Ave. SE 403-269-1319 | Offers bagged lunches and snacks, coffee house, warming/drop-in room, light programming, essential items (hygiene items, winter clothing), employment coaching and basic advocacy. Open from 9:00 a.m. - 5:00 p.m. daily. 7:00 a.m. - 7:00 p.m. daily starting December 1. Buses heading to Mustard Seed Shelter daily at 4:30 p.m. & 5:30 p.m. 6:30 p.m. bus starts December 1. <i>Sober environment.</i> | Year-round. Extended Hours December 1 - March 31 | | | | | | | | | | | | | | |
| Parachutes for Pets 6120 1A St. SW | Warming location for individuals with and without pets. Individuals can leave pets overnight, access pet food and supplies, social support and connect with Coordinated Access and Assessment. 11:00 a.m. - 7:00 p.m. Monday - Friday | December 1 - March 31 | | | | | | | | | | | | | | |
| Reconnects Program (The Alex and AAWEAR Outreach) 223 12 Ave. SW | Offers clothing, harm reduction supplies, and community support. Tuesday at Community Wise: 10:30 a.m. - 12:30 p.m. | Year-round | | | | | | | | | | | | | | |
| Salvation Army Mobile Warming Scan for locations  | Mobile warming location, to be set up at two spots every day. Offers food, hot drinks, and transportation to shelter. 11:00 a.m. - 7:00 p.m. daily. | December 1 - March 31 | | | | | | | | | | | | | | |
| Soaps & Suds Ernie Starr Arena, 4808 14 Ave. SE | Offers shower facilities with toiletries and towels provided. 10:00 a.m. - 12:00 p.m. on Mondays only. | Year-round | | | | | | | | | | | | | | |
| SORCe Calgary City Hall LRT Platform #2 - 316 7 Ave. SE | Walk-in services only. Connecting people to programs and services that help address barriers to stable housing. 9:00 a.m. - 12:00 p.m. and 1:00 p.m. - 4:00 p.m. Monday - Friday | Year-round | | | | | | | | | | | | | | |
| The Alex Community Health Centre 2840 2 Ave. SE 403-266-2622 Accessible through Calgary Transit Blue Line LRT - Franklin Station | Offers primary health and medical care, mental health and addictions support, housing supports, essential items, social and wellness programming, food skills programming including community meals provided 2 - 3 times per week. 9:00 a.m. - 4:00 p.m. Monday - Friday | Year-round | | | | | | | | | | | | | | |
| Wood's Homes Inglewood Opportunity Hub: 1008 14 St. SE | Offers warm meals, laundry, shower facilities and access to winter clothing, mental health, addiction and employment supports. Open from 9:00 a.m. - 5:00 p.m. daily in November. 9:00 a.m. - 6:00 p.m. daily starting December 1. <i>Youth 29 years old and under until December 1.</i> <i>All ages December 1 - March 31.</i> | Year-round. Extended Hours December 1 - March 31 | | | | | | | | | | | | | | |

For more information, call/text/chat 211 or visit www.ab.211.ca 24-hours a day.

If you see someone who needs help, you can call the **HELP** (Human-centered Engagement Liaison and Partnership) Team at **403-998-7388**.

If someone is in serious distress or non-responsive, call 9-1-1.

For more information, visit www.calgaryhomeless.com/ccewr

