

ARE YOU COLD?

If you're experiencing homelessness, learn what cold weather resources are available for you.



Overnight Shelter and Daytime Services

Alpha House Calgary

203 15 Ave. S.E. | 403-234-7388 | alphahousecalgary.com

24/7 shelter offers essential items, food, clothing, showers, detox access, outreach and transitional housing services.

Calgary Drop-In Centre

1 Dermot Baldwin Way S.E. | 403-266-3600 | calgarydropin.ca

24/7 shelter offers essential items, food, clothing, showers, hygiene services, and supports with housing, addictions and health.

Inn from the Cold

#110 - 706 7 Ave. S.W. | 403-263-8384 | innfromthecold.org

24/7 shelter offers essential items, food, clothing, and essentials for families, adults with dependent children, pregnant mothers, and expecting couples.

Participants must meet family eligibility criteria and complete a shelter intake.

Mustard Seed Calgary

theseed.ca

Foothills Shelter: 7025 44 St. S.E. | 403-723-9422

Women's Shelter: 1101 11 Ave. S.E. | 587-447-1345

24/7 shelter offers food, clothing, and hygiene services. Transportation is provided to and from the shelter from the Downtown Support Centre.

Adult (18+) sober environment. Intake required for new clients.

24/7 women only shelter on a first-come-first-serve basis at 4 pm. Offers food, clothing, and hygiene services.

Adult women (18+) sober environment. Intake required for new clients.

Salvation Army Calgary

salvationarmycalgary.org

Men's Shelter: 420 9 Ave. S.E. | 403-410-1184

Women's Shelter: 3013 15 Ave. S.W. | 403-930-2711

24/7 men only shelter offers daily meals, essential items, hygiene services, Wi-Fi, computers, gym access, and other support resources.

Men 18+ years old. Must be coherent.

24/7 women only shelter offers daily meals, essential items, hygiene services, Wi-Fi, computers, and learning resources.

Women 18+ years old. Must be coherent.

Trellis - Avenue 15

938 15 Ave. S.W. | 403-543-9651 | growwithtrellis.ca

24/7 Youth shelter offers essential items and support services.

Youth aged 12-17.

YW Calgary

ywcalgary.ca

Emergency Shelter: 1715 17 Ave. S.E. | 403-263-1550

Crisis Shelter: 2003 16 St. S.E. | 403-266-4111

Emergency Shelter for single women without children, 24/7 short-stay Crisis Shelter for women with or without children, and transitional housing for women with or without children. Daytime services offer outreach supports; food and basic needs assistance; counselling services for women, men and children; support with housing programs; legal, tax, and education services; and more.

Participants must register as a client to access services.

Children's Cottage Society's Emergency Family Shelter - Brenda's House

1921 28 St. S.W. | 403-242-8575 ext. 0 | childrencottagesociety.ab.ca

24/7 family shelter offers essential items, food, clothing, and essentials for families, adults with dependent children, pregnant mothers, and expecting couples.

Sober environment. Phone screening required. No drop-in services.

Daytime Services and Warming Locations

Calgary Public Library

For locations and hours: 403-260-2600 | calgarylibrary.ca

Open to the public and offers resources and referrals to various supports. Additionally, public computers are available to access information and services. General hours of operations are:

Sun	Mon	Tues	Wed	Thurs	Fri	Sat
12 p.m. - 5 p.m.	10 a.m. - 8 p.m.	10 a.m. - 8 p.m.	10 a.m. - 8 p.m.	10 a.m. - 8 p.m.	10 a.m. - 6 p.m.	10 a.m. - 5 p.m.

Dashmesh Cultural Centre

135 Martindale Blvd. N.E. | 403-590-0970 | dashmesh.ca

Offers daily hot meals and food hampers, food bank, community garden and community kitchen.

4 a.m. - 10 p.m. daily with meals 9 a.m. - 9 p.m.

Journey Church - Warming Centre

10307 Eamon Rd. N.W. | 403-241-8822 | myjourney.church

Warming location offers snacks, essential items and coffee, social supports, and connection to Coordinated Access and Assessment.

November 15, 2024 - March 31, 2025 | Mon. to Fri. 10 a.m. - 5 p.m.

Mustard Seed Calgary

102 11 Ave. S.E. | 1-833-448-4673 | theseed.ca

Offers bagged lunches and snacks, coffee house, warming/drop-in room, light programming, essential items (hygiene items, winter clothing, etc.) and employment coaching.

Regular hours: 9 a.m. - 5 p.m. daily | Shelter bus: 4:30 p.m. & 5:30 p.m. daily

Extended hours December 1 2024 - March 31 2025: 7 a.m. - 7 p.m. daily

Sober environment.

Reconnects Program

(The Alex and AAWEAR Outreach)

Central Outreach Hub: 131 7 Ave. S.W. | aawear.org/reconnects

Offers hot meals, coffee and snacks; clothing and basic hygiene supplies; recovery supports; education and supplies; housing referrals; foot and wound care; STBBI Testing & referrals; peer and community support; and resource navigation.

Tuesdays 10:30 a.m. - 12:30 p.m.

Salvation Army

Mobile Warming | Scan the code for the schedule



Mobile warming location, to be set up at two spots every day. Offers food, hot drinks, and transportation to shelter.

December 1, 2024 - March 31, 2025 | 10 a.m. - 5 p.m. daily

Soaps & Suds

Ernie Starr Arena: 4808 14 Ave. S.E.

Offers shower facilities with toiletries and towels provided.

10 a.m. - 12 p.m. on Tuesdays only.

SORCe Calgary

City Hall LRT Platform: #2 - 316 7 Ave. S.E. | sorcocalgary.ca

Walk-in services only. Connecting people to programs and services that help address barriers to stable housing.

Mon. to Fri. 9 a.m. - 12 p.m. and 1 p.m. - 4 p.m.

The Alex Community Health Centre

#102 - 2840 2 Ave. S.E. | 403-266-2622 | thealex.ca

Offers primary health care, mental health and addictions support, housing supports, essential items, social and wellness programming, food skills programming including community meals.

Mon. to Fri. 9 a.m. - 4 p.m.

Meal times: Tuesdays 9:30 a.m. - 11:30 a.m. | Thursdays 11 a.m. - 1 p.m.

Wood's Homes - Inglewood Opportunity Hub

1008 14 St. S.E. | 403-774-1674 | woodshomes.ca

Offers warm meals, laundry, shower facilities and access to winter clothing, mental health, addiction and employment supports.

Open 9 a.m. - 5 p.m. daily | Youth 29 years old and under.

Aboriginal Friendship Centre of Calgary

4630 16 Ave. N.W. | 403-270-7379 | afccalgary.org

Culturally safe warming space offering coffee, tea and bannock.

November 18, 2024 - March 31, 2025 | Mon. to Fri. 9 a.m. - 4 p.m. | Sat. to Sun. 11 a.m. - 4 p.m.

Navigation & Support Centre

428 9 Ave. S.E. | 403-410-1167

Offers unhoused community members a one-stop access to multiple supports and services.

Mon. to Fri. 8:30 a.m. - 4:30 p.m.



Call or text **2-1-1**, available 24/7, or visit www.ab211.ca to access a broad network of community, social, health and government services.

If you see someone who needs help, call the H.E.L.P. (Human-centered Engagement Liaison and Partnership) Team at **403-998-7388**.

For the most up-to-date information scan the code or visit www.calgaryhomeless.com/ewr



EMERGENCY WEATHER RESPONSE